

GROUND RULES

- Respect the privacy and space of each individual participating at Q-Quest.
- Always ask before you publish any pictures of anyone online--remember that some people may not be out to their friends and family and/or don't want their picture on social media.
- Respect each person and their personal space and the right to their opinions
- Respect the building – let's keep the space clean!
- Keep all food and soda in the cafeteria – look for recycling bins!
- Remember we're at a school event and school rules apply! No tobacco, drugs, alcohol, or inappropriate behavior.
- Be an active participant and help everyone enjoy the day!

RESOURCES

AVAILABLE ALL DAY

- HIV Testing: Youth & AIDS Project will be providing free, confidential HIV testing for those that are interested. Check out their resource table for details.
- Chill-Out Space: Q-Quest can be a very fun and exciting day! If it ever becomes too much and you need some quiet time, the chill-out space is ready for you to re-center and get back to the fun!

SCHEDULE

8 - 9am Resource	Registration & Fair
9 - 10am	Welcome
10 - 11am	Workshop Session 1
11 - 12pm	Lunch & Resource Fair
12 - 1pm	Workshop Session 2
1 - 2pm	Entertainment
2 - 3pm	Workshop Session 3: Student Led
3 - 4pm	Keynote & Open Mic
4pm	Evaluation & Dessert

SESSION 1

10:00 - 11:00AM

Queer People of Color Roundtable

Amber Hamilton, University of Minnesota:

This space is for LGBTQ folks of color. In this caucus we will discuss places and times where we do not feel as if we can be US. Whether these spaces are racist and/or queerphobic we will collectively discuss how we can combat and work against homophobia and racism in our communities.

Know Your Rights

Karmen McQuitty, University of Minnesota:

Have you been stopped by the police? Want to know your rights & best ways to deal with the cops? Come to this interactive workshop to learn more!

Making LGBTQ+ Art

Izzy Bailey-Seiler & Lucy Boyum, Perpich High School: LGBTQ+ Art focuses on the role that queer people have played in the art world, and the way art has influenced queer history and activism. Come join discussion, learn about opportunities for queer youth artists, and create some art of your own!

Finding a College That's Right for You

Hailee Nelson, University of Wisconsin – Stout: From academics, meeting new friends, and taking advantage of new experiences, colleges can offer many opportunities. It can be important to find the right one for you. Learn about selecting the

right college as you move toward creating your future.

Where I am From...Exploring Our Narratives as a Community

Heather Lou, University of Minnesota: A creative conversation to reflect on our stories, identities, and why they matter in community, relationships, and as we navigate systems. Join us to talk, ask big questions, draw, and explore what it means to focus on social justice, diversity, and equity!

Self Care – A Mindful Approach to a Healthier You

Leo Moreno, Child and Teen

Checkups: A healthier mind means a healthier you! Learn and practice important techniques that will help you diminish everyday stress from your life.

Fun with Barrier Methods!

Caitlin O'Fallon, Planned Parenthood Twin Cities Teen Council: Come learn about Lube, Condoms and Dental Dams - oh my! Roll up your sleeves and dig into the basics of condoms and lube, learn how to make a dental dam and see how different lubes react with various materials.

Queer Sex Ed

Lindsey Hoskins, Family Tree Clinic: Join us for a conversation about queer sexual health. We'll share tips about making specific sexual activities safer, and also learn some hands on skills with latex barriers and lube! Lindsey, our expert from

Family Tree, is ready to share knowledge to support safe, happy, and healthy sex lives.

When Life Gives You Lemons: Gender Expression And Identity In School, Work, and Beyond

Rune Anderson: A workshop teaching the different ways we can project our true selves to the world despite the limitations and rules forced upon us at school, work and elsewhere. As they say, when life gives you lemons make lemonade!

PrEP: HIV Prevention for Youth

Wendi Johnson & William Grier, Youth and AIDS Projects & Red Door Services: This workshop will explore PrEP: pre-exposure prophylaxis for prevention of HIV transmission. Come and learn what it is, how it works, and how to talk to your provider about getting it.

SESSION 2

12:00 - 1:00PM

Making LGBTQ+ Art

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Gender Summit: Eyes on the Future

Hailee Nelson, University of Wisconsin – Stout: What is gender? How have you seen gender constructed in your life? More important, what do you want to see as the future of gender? Join students from across the state to discuss gender, you, and the future.

LGBTQ+ Representation in Comics, Media, and Cartoons

Tieghlor McGee: Representation matters! Explore the history and future of LGBTQ+ identities and stories found in comics, media, and cartoons

Where I am From...Exploring Our Narratives as a Community

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to focus on social justice, diversity, and equity!

Keys to Developing Intersectional Leadership

Frankie Jadar, University of Minnesota: Have you ever wondered what it would take to be a great leader? Not just someone holding power in a group, but really working with others to maximize everyone's potential? In this session we'll discuss different types of leadership, define intersectionality, develop skills to improve your own leadership and learn how to lift up the voices and ideas of others as well.

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SESSION 3:

STUDENT LED

2:00-3:00PM

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LGBTQ+ Writers Workshop

Ryan Berg, ConneQT Host Home Program of Avenues for Homeless Youth: Our stories, and what we think about them, defines us. We are what we say about ourselves. What are you saying about you? Using writing prompts, personal stories and thoughts from his own experiences creative non-fiction writer, Ryan Berg, author of *No House to Call My Home: Love Family and Other Transgressions*, will take you on journey to yourself. Be sure to bring a pencil and some paper. Be ready to be challenged – and inspired.

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Science...and Social Responsibility? LGBTQ+ Folks in STEM Challenging the World

Haleigh Ziebol, University of Minnesota: Learn about the intersections of science, gender and sexuality. Explore how LGBTQ+ people are changing the future of science!

Life After High School: Stories From Queer and Trans College Students

Hamline Spectrum, Hamline University: Want to know what lies beyond high school? Join this lively conversation hosted by members of Hamline University's LGBTQ student group Spectrum.

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Queer Prom: Theme Planning

Hue Lieu, St. Paul Public Schools: Queer Prom is happening on April 15, 2017! Attend this workshop to help select the theme, prom colors, and more!

WE WANT TO HEAR FROM YOU!

Please fill out our evaluation form included in your folder about the event, including the workshops you attended.

Your opinion matters to us!

The 12th Annual Q-Quest Youth Festival and Conference would not have been possible without the amazing contributions from the following individuals and organizations:

- Annex Teen Clinic
- Family Partnership
- Family Tree Clinic
- First Christian Church
- Minneapolis Public Schools – Out4Good
- Minnesota Internship Center High School
- myHealth For Teens and Young Adults
- OutFront
- Saint Paul Public Schools – Out for Equity
- South High School
- Unity Church Rainbow Chalice Alliance
- MN Q Youth
- University of Minnesota – Gender and Sexuality Center for Queer and Trans Life
- Wells Fargo

- University of Minnesota - Youth and AIDS Projects
- Our Amazing Volunteers and Workshop Facilitators

Thank you so much for all of your help!

Sincerely,

The Q-Quest Planning Team:

Tatum Bishop, Jason Bucklin, Clark Hoelscher, Kirsten Cackoski, Leigh Combs, Christina Czichray, Wendi Johnson, Hue Liew, Maggie Korder, Blaine Kelley, Katrina Plotz, Esme Rodriguez.